

**Intro**

In 2024, the Family Support Institute and the CIIC collaborated to complete the Family Voices Project for MCFD. Indigenous researchers with the CIIC revisited the data using an Indigenous methodology.

**Methods**

1. Data was revisited using the Four R’s Methodology, and other related words
2. Themes were collected and shared between researchers to offer a representation of data grounded in Indigenous research.

**Results**

1. Many experiences are overlapping and interrelated
2. Despite challenges for families including colonization, systemic racism and poverty that can feel insurmountable, resiliency prevails
3. Transparency and communication is not optional, it is foundational
4. Togetherness, community, and honouring culture and language is key

**Discussion**

- Respectful, positive, and trusting relationships are essential
- Transparency and accountability is important
- Listening, and learning is key
- Families and Caregivers have invaluable expertise
- Indigenous research methodologies are relevant to *all* research experiences

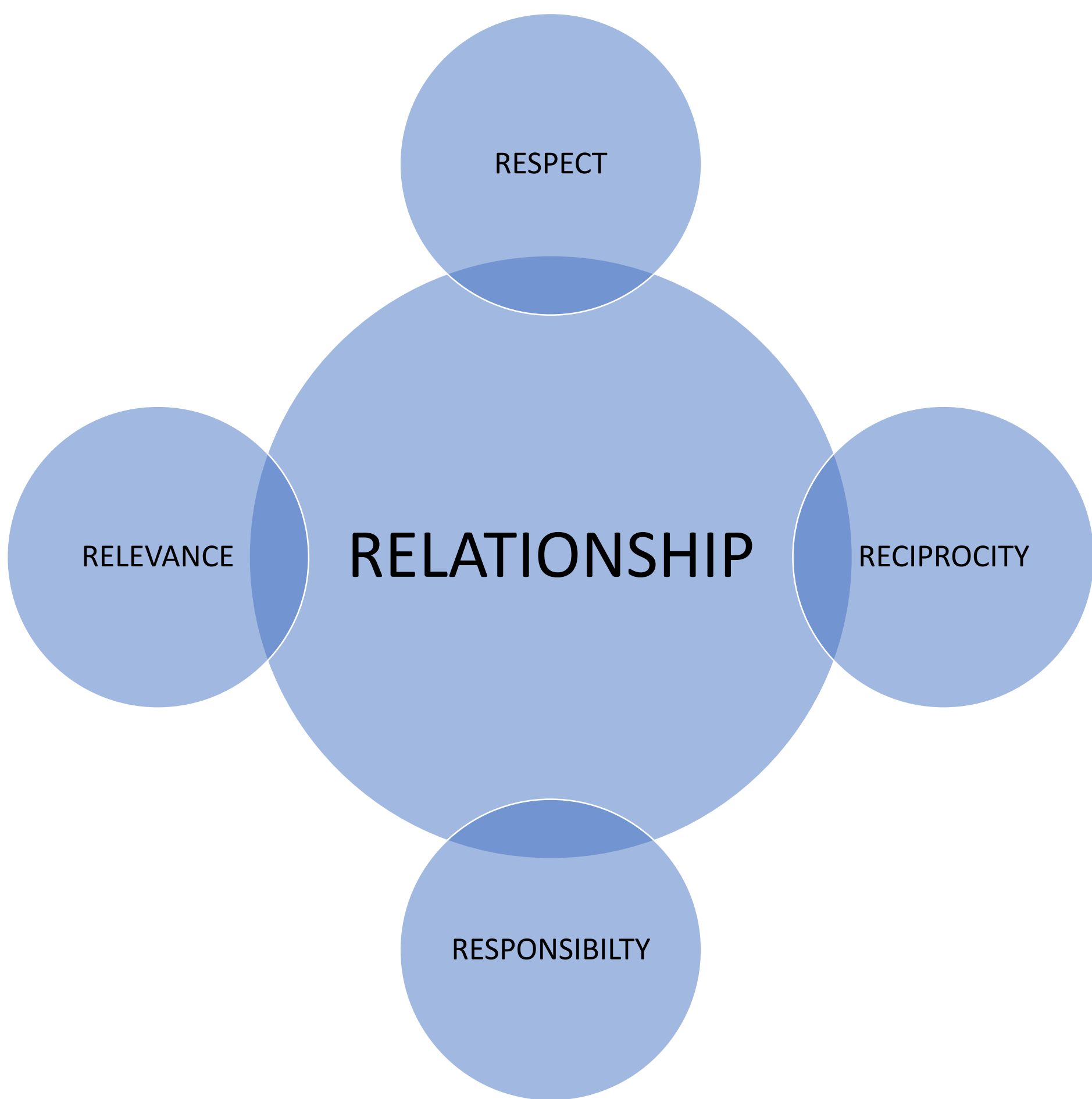
# Using the Four R’s as Indigenous Methodology: Honouring Indigenous Philosophy in Research Analysis

Why tenets of Respect, Relevance, Reciprocity, and Responsibility (Kirkness & Barnhardt, 1992) are important in research analysis.

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Scan for more information



Embedding principles of Indigenous Knowledge amplifies the relatedness of shared experiences and highlights how the tenets of philosophes like the Four Rs have a valid and meaningful place within academic research and beyond.